The Literary Spirit
Thai prawn coconut soup served in a coconut shell, followed by steaming, aromatic oso buco on creamy potato celery and French beans almondine, with Belgian flourless chocolate torte on cr me sabayon for dessert. This is just one of many menus I created for a yacht during my adventures at sea. Throughout my years working as a chef on private yachts, I have often been asked, “What kinds of meals are served on these luxurious yachts?” This cookbook answers that question, providing many of the recipes and menus that I have used on board yachts. Each of the ten chapters describes a yacht and its worldwide cruising destination—and the full-course menus and individual recipes that were created on the journey. The ingredients, dishes, and wines reflect the specialties that are enjoyed in each region of the world. Whether you prepare an entire meal or design your own menu using one of the many recipes in this book, you’ll find the recipes simple in terms, using measurements, equipment, and ingredients that can be found in most kitchens. All of the courses have been paired by a professional wine connoisseur from Wine & More. Suggestions for wine options cover a variety of price ranges, so you can have a great wine for a modest price or be decadent for a special meal. You don’t have to leave your home to enjoy a travel-inspired gourmet meal. Cruise with me on the Mexican Sea of Cortez and enjoy grilled mahi mahi with cilantro and pumpkin seed pesto, experience green-tipped mussles in New Zealand’s Bay of Islands, and savor the sweet tangy taste of an award-winning key lime pie in the Bahamas. Bon app tit! Experience the adventure of worldwide travel by creating delicious, gourmet meals in your own kitchen or galley.

Spa Management
San Diego, California’s second largest city with 70 miles of beaches and a mild Mediterranean climate, is popular for visitors—temporary or permanent. Insiders’ Guide to San Diego is the quintessential and comprehensive source for travel and relocation information about this sprawling, spectacular Southern California city. Take advantage of the personal perspective of the local authors to gain detailed knowledge and experience in making the most of your visit and stay. In its 11th edition, this fully updated and revised guide includes seven maps and 32 black-and-white photographs.

Hotels
What is a hotel? As Caroline Field Levander and Matthew Pratt Guterl show us in this thought-provoking book, even though hotels are everywhere around us, we rarely consider their essential role in our modern existence and how they help frame our sense of who and what we are. They, in fact, as centrally important as other powerful places like prisons, hospitals, or universities. More than simply structures made of steel, concrete, and glass, hotels are social and political institutions that we invest with overlapping and contradictory meaning. These alluring places uniquely capture the sentiments of our world, where the lines between public and private, leisure and work, desire and despair are regularly blurred. Guiding readers through the story of hotels as places of struggle, possibility, as mausolea physical buildings, as inspirational touchstones for art and literature, and as unsettling, even disturbing, backdrops for the drama of everyday life, Levander and Guterl ensure that we will never think about this seemingly ordinary place in the same way again.

Dining Out in Boston
San Diego 2008
Experience the best of this region: from exploring Prague-visting St. Vitus’s Cathedral and the Charles Bridge-to hiking in stunning Sumava National Park. In the Slovak Republic, discover Bratislava before exploring the lowlands in the west or the Tatras mountains in the south. Inspiring photography and unique illustrations bring to life major attractions such as Prague’s Old Town Hall, Spillback in Brno, and St. Martin’s Cathedral in Bratislava. With hotel and restaurant recommendations and insider tips, this guide will help you plan the perfect trip through the Czech and Slovak Republics, and their picturesque towns, such as Trnava and Banska Bystrica, magnificent scenery, diverse topography, and rich history. With hundreds of full-color photographs, hand-drawn illustrations, and custom maps that illuminate every page, DK Eyewitness Travel Guide: Czech & Slovak Republics truly shows you this city as no one else can.

The Rough Guide to Provence & Cote d’Azur
Introduction to Electrical Interfacial Phenomena
Hotel Life
With the rapid development of nanotechnology, the surface–volume ratio of objects continues to increase. As such, does the importance of our ability to tailor interfacial properties. Written by bestselling author and internationally renowned researcher K.S. Birdi, Introduction to Electrical Interfacial Phenomena offers comprehensive

Wim Botha
Bulls Before Breakfast

SPA.

The Rough Guide to Provence & Cote d’Azur Make the most of your time on Earth with the ultimate travel guides. World-renowned ‘tell it like it is’ travel guide. Discover Provence & the Cote d’Azur with this comprehensive and entertaining travel guide, packed with practical information and honest and independent recommendations by our experts. Whether you plan to stroll the same peaceful streets as Van Gogh once did in Arles, take a boat trip to the Calanques, take in the towering Roman aqueduct of Pont du Gard or wander down the maze-like alleyways in Simiane-la-Rotonde village, The Rough Guide to Provence & the Cote d’Azur will help you discover the best places to explore, eat, drink, shop and sleep along the way. Features of this travel guide to Provence & the Cote d’Azur - Detailed regional coverages: provides practical information for every kind of trip, from off-the-beaten-track adventures to chilled-out breaks in popular tourist areas - Wim Botha - Clear and independent reviews: written with Rough Guides’ trademark blend of humour, honesty and expertise, our writers will help you make the most from your trip to Provence & the Cote d’Azur - Meticulous mapping: practical full-colour maps, with clearly numbered, colour-coded keys. Find your way around Arlidge, Nice and many more locations without needing to get online - Fabulous full-colour photography: features inspirational colour photography, including the colourful Vieux Port in Marseille, the enchanting mountainside village of Peillon - Time-saving itineraries: carefully planned travel routes will help inspire and inform your on-the-road experiences - Things not to miss: Rough Guides’ rundown of Nice, Marseille and Monaco’s best sights and top experiences - Travel tips and info: packed with essential pre-departure information including getting around, accommodation, food and drink, health, media, festivals, sports and outdoor activities, culture and etiquette, shopping and more - Background information: comprehensive ‘Contexts’ chapter provides fascinating insights into Provence & the Cote d’Azur, with coverage of history, religion and books, plus a handy language section and glossary - Covers: Marseille and around; Arles and the Camargue; Avignon and the Vaucluse; Alx-en-Provence, the Durance and the Luberon; the Haute Var and Haute Provence; Toulon and the southern Var; Cannes and the western Riviera; Nice and the eastern Riviera You may also be interested in: The Rough Guide to France, The Rough Guide to Britain & Normandy and Rough Guides Phrasebook French About Rough Guides: Rough Guides have been inspiring travellers for over 35 years, with over 30 million copies sold globally. Synonymous with practical travel tips, quality writing and a trustworthy ‘tell it like it is’ ethos, the Rough Guide list includes more than 260 travel guides to 120+ destinations, gift-books and phrasebooks.

The Rough Guide to Germany

• Over 250 encyclopedic entries on the most prominent influences in American food during the 20th century • Contains 10 recipes, each emblematic of a particular decade • Over 15 sidebars with additional feature information • Chronologically presents popular foods of the 20th century in the United States, with each of the ten chapters representing a decade • Each chapter provides a “For Further Exploration” bibliography section

Hotel World
For a limited time, receive a free Fodor’s Guide to Safe and Healthy Travel e-book with the purchase of this guidebook! Go to fodor.com for details. Everything you want to know about the nation’s most popular travel destination is here! Fodor’s Pacific Northwest guidebook is packed with maps, carefully curated recommendations, and everything else you need to simplify your trip-planning process and make the most of your time. This new edition travel guide has been fully redesigned with an easy-to-read layout, fresh information, and beautiful color photos. Fodor’s Pacific Northwest travel guide includes: AN ILLUSTRATED ULTIMATE EXPERIENCES GUIDE to the top things to see and do and MULTIPLE ITINERARIES to effectively organize your days and COLOR PHOTOS throughout to spark your wanderlust! HONEST RECOMMENDATIONS FROM LOCALS on the best sights, restaurants, hotels, nightlife, performing arts, activities, side-trips, and more PHOTO-FILLED “BEST OF” FEATURES on “The 10 Best Islands,” “The Best Places for Book Lovers,” “The Best Hikes,” and more TRIP-PLANNING TOOLS AND PRACTICAL TIPS including when to go, getting around, beating the crowds, and saving time and money HISTORICAL AND CULTURAL INSIGHTS providing rich context on the local art, architecture, cuisine, music, geography and more SPECIAL FEATURES on “What to Watch and Read Before You Visit” and “What to Eat and Drink.” LOCAL WRITERS to help you find the under-the-radar gems UP-TO-DATE COVERAGE ON: Portland, more PHOTO-FILLED “BEST OF” FEATURES on “The 10 Best Islands,” “The Best Places for Book Lovers,” “The Best Hikes,” and more TRIP-PLANNING TOOLS AND PRACTICAL TIPS including when to go, getting around, beating the crowds, and saving time and money HISTORICAL AND CULTURAL INSIGHTS providing rich context on the local art, architecture, cuisine, music, geography and more SPECIAL FEATURES on “What to Watch and Read Before You Visit” and “What to Eat and Drink.” LOCAL WRITERS to help you find the under-the-radar gems UP-TO-DATE COVERAGE DH: Portland,
Sedona, Arizona’s breathtaking Red Rock country has become shorthand for a state of mind—natural, spiritual, creative, luxurious—blissful—that finds an easy affinity with satisfying food in food. A community of seasoned and young chefs inspired by this landscape are creating menus that bring a taste of the area’s magic to the dinner table—menus characterized by a natural, southwestern flavor that surfaces in eye-opening ways and incorporates organic meats, fresh fish, wild game, locally grown seasonal produce, and fresh herbs. The Sedona Table brings this emerging culinary scene into every kitchen by profiling twelve of the most prestigious area restaurants and chefs, accompanied by beautiful color photos. Each chef provides five of his or her favorite recipes, among them such delights as Apricot and Grand Marnier Truffle Squares and delicious, nutritious and innovative recipes provided by two French spas: La Cuisine Synergique, a three-day programme from Les Preacute;s d'Eugeacute;nie. You will discover how a synergy of ingredients and cooking methods can provide tasty and inventive meals that help to balance your body and optimize your energy levels. Spa Digest, arranged geographically, is an illustrated guide to 49 of Europe’s quality spas. It provides insights into the character of each property and highlights their key treatments to help you plan your next spa visit. A fact-packed Spa Statistics column helps you establish at a glance the spa type, spa size, facilities, treatments and therapies, provisions for couples, availability of spa cuisine, services, recreation options, and contact details of each spa.
The first truly global guide to spas takes readers on an invigorating, richly illustrated tour of these restorative places, from beach huts in Thailand to mountain houses in the Himalayas. Original.

**Menus and Memoirs of a Yacht Chef: Dine with the Elite Onboard Their Yachts Worldwide**

Offers advice on out of the ordinary vacation opportunities, from the Texas state fair to ‘unknown’ national parks, with profiles of inspirational travelers and sidebars about off-season travel.

**Insiders’ Guide® to San Diego**

DK Eyewitness Travel Guide: Philadelphia & the Pennsylvania Dutch Country is your in-depth guide to the very best of Philadelphia and the Pennsylvania Dutch Country. Discover the best of Philadelphia, from the Old City (known as ‘America’s most historic square mile’) encompassing Independence Hall and the iconic Liberty Bell to the Pennsylvania Academy of the Fine Arts. Venture outside the city to the Pennsylvania Dutch Country for a horse-drawn buggy ride, tiny roadside bakeries, and a true taste of the Amish lifestyle. Discover DK Eyewitness Travel Guide: Philadelphia & the Pennsylvania Dutch Country. + Detailed itineraries and “don’t-miss” destination highlights at a glance. + Illustrated cutaway 3-D drawings of important sights. + Floor plans and guided visitor information for major museums. + Guided walking tours, local drink and dining specialties to try, things to do, and places to eat, drink, and shop by area. + Area maps marked with sights and restaurants. + Detailed city maps include street finder index for easy navigation. + Insights into history and culture to help you understand the stories behind the sights. + Suggested day-trips and itineraries to explore beyond the city. + Hotel and restaurant listings highlight DK Choice special recommendations. With hundreds of full-color photographs, hand-drawn illustrations, and custom maps that illuminate every page, DK Eyewitness Travel Guide: Philadelphia & the Pennsylvania Dutch Country truly shows you this region as no one else can.

**Caterer & Hotelkeeper**